

Gorum & Vincent (AG) Summer 2023

Allergens Report



Allergens

| Dish | Gluten | Crustaceans | Molluscs | Fish | Peanuts | Lupin | Tree Nuts | Soya | Eggs | Milk | Celery | Mustard | Sesame | Sulphur Dioxide | Unknown Allergens |
|------------------------------|----------|-------------|----------|------|---------|-------|--------------------------------|------|------|------|--------|---------|--------|-----------------|-------------------|
| Italian Olives | | | | | | | | | | | | | | | |
| Bar truffle & peccarino nuts | | | | | M | | Y Alm Cas Mac Pec Pis | | | Y | | | M | | |
| Sourdough Baguette | Y Whe | | | | | | | | | Y | | | | Y | |

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|---|-------------------------|-------------|----------|------|---------|-------|---|------|------|------|--------|---------|--------|-----------------|-------------------|
| Smoked Cod Roe Dip & Crudites | Y Whe Rye Bar Oat | | | Y | | M | | Y | Y | M | Y | Y | | Y | |
| Cured Sea Trout, celery, lime & apple salad | | | | Y | | | | | | | Y | M | | | |
| Ham Hock & Parsley Terrine, toasted Pain de Campagne & cornichons | Y Whe Rye Bar Oat | | | | | | M Wal | Y | M | M | | Y | M | Y | |
| Wonky Vegetable Soup, croutons & basil pesto | Y Whe | | | | | | | | | | | | | | |
| Watermelon Tartare, spring onion, sesame seeds & coriander | | | | | | | | | | | M | M | Y | | |
| Rabbit, Pork & Green Peppercorn Terrine, toasted Pain de Campagne & cornichons | Y Whe Rye Bar Oat | | | | | | M Wal | Y | M | Y | | | M | Y | |
| Whipped Cashew Nut Labneh & Courgette Salad, ribbons of courgette, edamame beans & radishes | | | | | M | | Y Alm Brz Cas Haz Mac Pec Pis Wal | Y | | | M | M | | Y | |
| Ravioli of Pea & Mint, lemon & herb butter st | Y Whe | M | M | M | M | | M Alm Brz Cas Haz Mac Pec Pis Wal | M | Y | Y | M | M | | Y | |
| Scallops Roasted in the Shell with Chorizo, samphire, confit garlic & chorizo | | | Y | | | | | | | Y | M | M | | | |
| Burrata & IOW Heritage Tomato Salad, mint pesto AVG | M Whe Rye Bar Oat | | | | M | | Y Alm Brz Cas Haz Mac Pec Pis Wal | | | Y | M | M | M | Y | |

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|--|-------------------------|-------------|----------|------|---------|-------|---|------|------|------|--------|---------|--------|-----------------|-------------------|
| SALADE MAISON STARTER Baby kale, edamame beans, quinoa and alfalfa sprouts | M Whe Rye Bar Oat | | | | M | M | M Alm Brz Cas Haz Mac Pec Pis Wal | Y | | | M | Y | M | Y | |
| CHARGRILLED TUNA NIÇOISE SALAD Tuna loin, green beans, soft boiled eggs, new potatoes and tomatoes ST 2023 | | | | Y | | | | | Y | Y | M | Y | | Y | |
| Aged Rump 200g GV | Y Whe | | | | | | | M | | | | | | | |
| Sirloin GV | Y Whe | | | | | | | M | | | | | | | |
| Rib Eye GV | Y Whe | | | | | | | M | | | | | | | |
| FILLET STEAK 200G 21 day aged AVG 2023 | Y Whe | | | | | | | M | | | M | M | | | |
| Chateaubriand GV | Y Whe | | | | | | Y Unknown | M | Y | Y | Y | M | | Y | |
| Cote de boeuf/On the bone rib GV | Y Whe | | | | | | | M | | | | | | | |
| T Bone 500g AVG 2023 | Y Whe | | | | | | | M | | | M | M | | | |
| Tomahawk Steak GV | Y Whe | | | | | | | M | | | | | | | |
| Sirloin on the Bone Wing End GV | Y Whe | | | | | | Y Unknown | M | Y | Y | Y | M | | Y | |

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| HDV Classic Burger & Fries 200g | Y Whe Rye Bar Oat | | | | | | | M | Y | Y | Y | Y | | Y | |
| VEGAN BURGER Plant based burger patty with mushroom ketchup and grilled vegan feta cheese, on a plant based brioche bun, served with pommes frites VG | Y Whe Rye Bar Oat | M | M | M | M | M | M Alm Brz Cas Haz Mac Pec Pis Wal | Y | M | M | Y | Y | M | Y | |
| Chargrilled Iberico Pork Cutlet, roasted cherry tomatoes & chimichurri | | | | | | | | | | | Y | | | Y | |
| Roasted Lamb Rump, butter bean puree, grilled leeks with anchovies & capers | | | | Y | | | | | | | Y | | | Y | |
| Whole Char-grilled Cornish Mackerel, beef tomato & onion salad with chermoula | | | | Y | | | | | | | Y | | | | |
| Chargrilled Sea Bass, braised fennel & gremolata | | | | Y | | | | | | | | | | | |
| GRILLED TUNA STEAK, served with pommes frites, petit salad | Y Whe | | | Y | | | | M | | | | Y | | Y | |
| Lamb Kofta Brochette GV | Y Whe Rye Bar Oat | | | | | M | | Y | M | Y | Y | M | | Y | |
| Charred Chicken Brochette GV | Y Whe Rye Bar Oat | | | | | M | | Y | | Y | Y | | | Y | |
| Tuna Skewer/Meze GV | Y Whe Rye Bar Oat | | | Y | | M | | Y | | Y | Y | | | Y | |
| Marinated Aubergine Meze GV | Y Whe Rye Bar Oat | | | | | M | | Y | | Y | Y | | Y | Y | |

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| SALADE MAISON MAIN Baby kale, edamame beans, quinoa and alfalfa sprouts | M Whe Rye Bar Oat | | | | M | M | M Alm Brz Cas Haz Mac Pec Pis Wal | Y | | | M | Y | M | Y | |
| Add Chicken (Salade Maison) | | | | | | | | | | | | | | | |
| Add Halloumi (Salade Maison) | | | | | | | | | | | | | | | |
| Add Smoked Mackerel (Salade Maison) | | | | Y | | | | | | | | | | | |
| CHARGRILLED TUNA NIÇOISE SALAD Tuna loin, green beans, soft boiled eggs, new potatoes and tomatoes MC 2023 | | | | Y | | | | | Y | Y | M | Y | | Y | |
| Gnocchi, Ratatouille Vegetables & Basil Pesto | M Whe Rye Bar Oat | M | M | M | M | M | M Alm Brz Cas Haz Mac Pec Pis Wal | M | M | M | M | | | | |
| Ravioli of Pea & Mint, lemon & herb butter mn | Y Whe | M | M | M | M | | M Alm Brz Cas Haz Mac Pec Pis Wal | M | Y | Y | M | M | | Y | |
| Pommes Frites | Y Whe | | | | | | | M | | | | | | | |
| Mac n Cheese GV | Y Whe | | | | | | | M | | Y | | | | | |
| HDV Basics Truffle Pomme Puree | | | | | | | | | | Y | | | | | |
| Haricot Vert | | | | | | | | | | Y | | | | | |
| Chopped Salad, side g&v | | | | | | M | | | | Y | M | Y | | Y | |

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| Glazed Carrots | | | | | | | | | | Y | | | | | |
| Anchovy Hollandaise GV | | | | Y | | | | | Y | Y | | M | | Y | |
| Peppercorn Sauce | | | | | | | Y Unknown | | | Y | Y | | | | |
| Bearnaise Sauce GV | | | | | | | | | Y | Y | | M | | Y | |
| Garlic Butter | | | | | | | | | | Y | | | | | |
| Chicmichurri | | | | | | | | | | | Y | | | Y | |
| Blackberry Cheesecake, Blackberry Compote | Y Unknown | | | | | | | | | Y | M | M | | | |
| BREAD & BUTTER PUDDING Viennese pastries baked with raisins and custard, served with crème anglaise AG | Y Whe Rye Bar Oat | M | M | M | M | M | M Alm Brz Cas Haz Mac Pec Pis Wal | Y | Y | Y | M | M | M | M | |
| Mini Sugared Doughnuts, Vanilla Yoghurt | Y Whe | | | | | | M Alm Brz Haz Mac Pec Pis Wal | Y | | | | | | Y | |
| White Chocolate & Raspberry Tart, raspberry sorbet | Y Whe | | | | M | | M Alm Brz Cas Haz Mac Pec Pis Wal | Y | Y | Y | | | | | |
| Poached Chocolate Cake, maple syrup creme fraiche | | | | | | | | Y | Y | Y | | | | | |

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| GLACES ET SORBETS | | | | | M | | Y Alm Brz Cas Haz Mac Pec Pis Wal | Y | M | M | | | | | |
| THE CHEESE PLATE Selection of artisan cheese, served with biscuits and chutney | Y Whe Bar | | | | | | M Alm Brz Cas Mac Pec Pis Wal | | | Y | Y | | | Y | |
| ROAST SIRLOIN OF BEEF Served with all the trimmings and proper Yorkshires | Y Whe Bar | | | | | | | M | Y | Y | Y | Y | | Y | |
| Roast Chicken | Y Whe Rye Bar Oat | | | | M | | M Alm Brz Cas Haz Mac Pec Pis Wal | M | Y | Y | Y | M | | Y | |

* Allergens marked with 'M' may contain that allergen.

 Yes  May Contain

| | Allergen |
|-----|-------------|
| Whe | Wheat |
| Rye | Rye |
| Bar | Barley |
| Oat | Oats |
| Alm | Almonds |
| Brz | Brazil Nuts |

| | |
|-----|-----------|
| Cas | Cashews |
| Haz | Hazelnuts |
| Mac | Macadamia |
| Pec | Pecan |
| Pis | Pistachio |
| Wal | Walnuts |