HIGH PERFORMANCE FUEL

AMUSE-BOUCHES

Cervelle de Canut [VGI]
Traditional seasoned herb dip *(182kcal)*

BUILD YOUR OWN HEALTHY SALAD

Choose your protein to pair with one of our fresh salads

Proteins

Grilled Chicken Breast *(628kcal)*
Tiger Prawns *(70kcal)*
Plant-Based Halloumi [VGI] *(260kcal)*

Salads

Radish & Broad Bean [VGI]
Tossed with coarse grain mustard and extra virgin olive oil *(238kcal)*
Fennel, Feta & Pomegranate [VGI]
Dressed with refreshing sumac yoghurt *(246kcal)*
Chopped Salad [VGI]
Seasonal crisp garden vegetables *(119kcal)*

DESSERTS

Lemon Protein Cheesecake [V] *(250kcal)*
Fresh Fruit Salad [VGI] *(31kcal)*

MEETING BREAKS

Cherry Chocolate & Nut Balls [V] *(236kcal)*
Pick-Me-Up Energy Balls [V] *(198kcal)*
Homemade Granola Bar [V] *(283kcal)*

For special dietary requirements or allergy information, please speak with a member of our team before ordering. To prioritise your safety, we're unable to modify dishes for allergens. However, a full allergen matrix is available. Although we endeavour to do so, we cannot guarantee that any of our dishes are allergen free or fulfil dietary requirements due to possible cross contamination during production. [VGI] = Does not include any ingredients derived from animals. [VGIA] = Alternative available that does not include any ingredients derived from animals. [V] = Vegetarian. Cheese boards may contain unpasteurised cheese. Calorie content. Calculations as accurate as possible however slight variations may occur. To maintain a healthy weight, the daily recommended intake of calories for adults is around 2,000 calories a day. All of our prices include VAT. A discretionary service charge of 12.5% will be added to your bill.

For further information on allergens scan here.