



RELAX. REFRESH. REJUVENATE.

# THE SPA

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Hotel du Vin Spa

Hotel  
du Vin  
& Bistro

# WELCOME TO HOTEL DU VIN SPA

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Each of our spas is a relaxing and resplendent haven conveniently located but conscientiously secluded to allow you to rediscover yourself.

We believe that beauty comes from within and working in harmony with ESPA, the world's finest spa products, we can restore your natural beauty. With anything from a lunch break to a weekend break, we have just the treatment to leave you feeling refreshed and rejuvenated.

At Hotel du Vin Spa we believe that beauty comes from within. Become the person you were born to be.

# BODY THERAPY

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*When we lose the ability to relax our body, feelings of angst and sleeplessness can overwhelm us. An ESPA anti-stress massage uses effective relaxation techniques and soothing essential oils to offer indulgent stress relief. Nourishing oils soften the skin and relax your mind bringing you back into harmonious balance.*

## SALT SCRUB

This exceptional skin softening body exfoliation combines sea salts with nourishing essential oils to leave your skin moisturised, smooth and soft

£36 for a 25 minute treatment

## ORIENTAL SCALP MASSAGE

A deeply relaxing treatment for those who hold tension in their shoulders and mind, focusing on acupressure points throughout the shoulders, neck and scalp helping to stimulate lymph

£36 a half hour treatment

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## ADD HOT STONES

Combine hot stones with any massage for £10

## TOTAL HOLISTIC BODY CARE

This whole body treatment starts with a full body skin brushing and exfoliation leaving it feeling soft and smooth followed by a deep body, face and scalp massage with a blend of essential oils chosen to suit your requirements

£75 for an hour and a half treatment

## AROMATHERAPY MASSAGE

Our personal consultations ensure you will receive a unique treatment to suit your specific needs using a blend of individually chosen massage oils

£62 for a one hour treatment or £36 for a half hour treatment

## BESPOKE DEEP TISSUE MASSAGE

A deep rhythmic pressure massage that focuses on targeted relief of stress and muscle tension

£67 for a one hour treatment or £42 for a half hour treatment

## LIFE SAVING BACK TREATMENT

A stress relieving back treatment with deep cleansing, body brushing and exfoliation to help stimulate circulation and cell renewal followed by a luxurious aromatherapy massage and body mask using individually chosen essential oils combined and luxuriant marine mud

£55 for a 45 minute treatment

# ADVANCED BODY TREATMENTS

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*Please note that these treatments are not suitable for anyone still within their first trimester (3 months)*

## PRE AND POST NATAL BODY TREATMENTS

A deeply nourishing selection of massages specifically designed to target areas prone to stress and tension during and after pregnancy

Gentle back exfoliation, if required, is followed by a soothing massage specifically designed to suit your needs, alleviating muscular aches whilst helping to relax, restore and revitalise your body

£75 for an hour and a half full body treatment

£65 for a one hour full body massage

£40 for a half hour back massage

## ESPA BODY WRAPS

ESPA body wraps are tailor made to gently raise your temperature to induce perspiration which helps stimulate circulation and eliminate toxins

Following skin brushing and exfoliation, a complete body wrap of either detoxifying algae, marine mud or skin hydrator combined with essential oils is blended and applied across your body and, while wrapped experience the ultimate relaxation with a mind calming oriental scalp massage

£60 for a one hour treatment

Add another half hour for £10

# FACIAL TREATMENTS

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*ESPA facials begin with a detailed consultation and in-depth skin analysis, where possible using technology to identify skin conditions not visible to the naked eye.*

## ESPA SPECIFIC FACIAL

Our facials begin with a detailed consultation and in-depth skin analysis using technology to identify skin conditions not visible to the naked eye. This facial is for all skin types and specifically tailored to you, to include cleansing, exfoliation and a treatment specific massage and mask.

Finally, skincare products are chosen for your individual needs to achieve the best possible results. To maintain the ultimate in healthy radiant skin we recommend having a facial once a month

£60 for a one hour treatment

## ESPA EXPRESS FACIAL

This mini facial will cleanse, exfoliate and moisturise. Indulge with a massage that will leave you feeling refreshed and relaxed

£36 for a half hour treatment

## HOLISTIC BACK, FACE AND SCALP TREATMENT

A deep cleansing back exfoliation with a powerful back massage using essential oils to soothe, relax and balance. Followed by an ESPA Intensive Facial and a therapeutic head massage to help clear the mind, calm the spirit and ease tension

£75 for an hour and a half treatment

# FACIAL TREATMENTS

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## ACTIVE FACIAL PEEL

Highly effective natural facial peel dramatically smoothes, softens and evens skin tone. A brush cleanse, followed by an intense Enzyme Peel containing botanical extracts and pumpkin enzymes deeply exfoliates and removes dead skin cells, followed by an application of soothing rose quartz crystals to help cool and calm, revealing an ultra smooth, glowing complexion

£75 for a one hour treatment

## CELLULAR RENEWAL ENZYME FACIAL

A powerful and highly effective facial to boost cell regeneration and give an instant smooth, softly glowing complexion

A deep brush cleanse is followed by an intense Enzyme Peel containing botanical extracts and Pumpkin Enzymes to deeply exfoliate and remove dead skin cells. A soothing massage with Rose Quartz Crystals helps cool and calm the skin, followed by the application of a lifting and smoothing mask to give your skin a more plumped and firmer appearance

£90 for an hour and a half treatment

# ADVANCED FACIAL TREATMENTS

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## AGE-DEFYING FACIAL

Combat the signs of ageing, minimise fine lines and visibly improves the appearance of your skin with our age-defying facial with active serum and firming eye treatment

Special age-defying massage techniques help hydrate and protect your skin with particular focus on the delicate area around the eyes, neck and lips are prone to fine lines. Your skin will be left feeling fresh, replenished and nourished

*£72 for an hour and a half treatment*

## REGENERATING FACIAL WITH FIRMING EYE TREATMENT

A luxurious and regenerating facial for maturing skin to help minimise lines and wrinkles around the eyes, neck, lips and jaw line. This treatment visibly improves the appearance of the skin by using a selection of age-defying products to replenish and revitalise the skin, leaving your complexion toned, radiant and rejuvenated

*£68 for an hour and a half treatment*

## REGENERATING FIRMING EYE TREATMENT

Perfect for those who are concerned with the first signs of ageing appearing around the eye area. An affective firming and hydrating treatment using products rich in ginkgo biloba and evening primrose. This treatment helps relieve eye-strain tension, headaches from computer screens and wearing contact lenses, whilst being a luxurious addition to any ESPA facial

*£35 for a half hour treatment*

# HAND AND FOOT TREATMENTS

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Nails have their own specific strengths and weaknesses – just like hair or skin. It is impossible to treat all nails the same and keep them healthy. That is why the foundation of the jessica system is its precision, allowing you to experience a fully customised service.

## JESSICA PRESCRIPTIVE MANICURE

This nail and cuticle tidy includes a hand and arm massage followed by an application of colour polish

£32.50 for a 45 minute treatment

## JESSICA DELUXE MANICURE WITH THERMAL MITTENS

Incorporating the prescriptive manicure, thermal mittens aid deeper skin penetration of oils and creams, softening cuticles and improving circulation

£37.50 for a one hour treatment

## JESSICA ZEN SPA PEDICURE

A luxury foot treatment using jessica's zen spa collection will leave you with a smoother, softer and revitalised feet, finishing with an application of colour polish

£37.50 for a one hour treatment

## JESSICA DELUXE SPA PEDICURE

Incorporating the zen spa pedicure, thermal booties will drench your feet with moisture and intensify absorption, followed by pressure point massage and lymph drainage

£42.50 for an hour and a quarter treatment

## HAND OR FOOT FILE AND POLISH

Upgrade a standard pedicure to include Swarovski nail design for £15 *just ask your therapist for more details*

£18 for a half hour treatment

# GEL NAILS

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Application of gel delivers a high shine, chip free finish for up to two weeks. Gel application is designed to continue to protect the natural nail – from application to wear and soak-off removal.

## **GEL APPLICATION**

£30 for a half hour treatment

## **GEL PRESCRIPTIVE MANICURE**

£42.50 for a one hour treatment

## **GEL ZEN SPA PEDICURE**

£47.50 for a one hour treatment

## **GEL SOAK OFF**

£15 for a half hour treatment

## **GEL SOAK OFF AND REFRESH**

£37.50 for a one hour treatment

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## **ADD FRENCH POLISH**

Add French polish to any nail treatment for just £3

# BROW & LASHES

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Semi Permanent Lashes are natural looking, weightless and can last up to 6 weeks! No need for mascara that means you can shower, exercise, swim, sleep and even cry without worrying about your fabulous new look

Express lashes enhance your natural lash to make them appear longer and fuller without mascara. As the application method differs from semi-permanent eyelashes we advise express lashes should to be worn for 1-2 weeks before having them professionally removed

## HIGH DEFINITION BROWS

Available at selected Spas

The most recognised brow brand in the UK – offering more than just a treatment, this is an experience. Completely bespoke.

£35 per treatment

## FULL SET SEMI-PERMANENT EYELASH EXTENSIONS

£65 for an hour and a quarter treatment

## SEMI PERMANENT EYELASH INFILLS (every 2-3 weeks)

£29 for a 45 minute treatment

## EXPRESS LASHES (includes removal)

£40 for a 45 minute treatment

## STRIP LASHES

Strip lashes ready for a night on the town!

£13 to purchase including application or £5 for application only

## TINTING

**EYEBROW TINT** £10

**EYEBROW TINT AND SHAPE** £15

**EYELASH TINT** £15

**EYEBROW AND EYELASH TINT** £20

**EYEBROW SHAPE, EYEBROW AND EYELASH TINT** £25

*Please note a 24 hour patch test is required on all brow and lash tinting*

# TREATMENTS FOR HIM

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## LIFE SAVING BACK TREATMENT

A stress relieving back treatment with deep cleansing, body brushing and exfoliation to help stimulate circulation and cell renewal, followed by a luxurious aromatherapy massage and body mask using individually chosen essential oils combined with marine mud

£55 for a 45 minute treatment

## STRESS RELIEVER TOTAL HOLISTIC BODY CARE

This all-encompassing treatment commences with a full body skin brushing and exfoliation to prepare the skin, leaving it feeling soft and smooth. This is then followed by a body, face and scalp massage using a blend of essentials oils chosen to suit your individual requirements

£75 for a one and a half hour treatment

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## ADD HOT STONES

Combine hot stones with any of the above massages for £10

## HOLISTIC BACK, FACE AND SCALP TREATMENT

A truly holistic experience combining a deep cleansing back exfoliation with a powerful back massage using essential oils to soothe, relax and balance. This is followed by an ESPA Intensive Facial tailored to your individual needs and finishes with a therapeutic head massage to help clear the mind, calm the spirit and ease tension

This facial is for all skin types and specifically tailored to you, to include cleansing, exfoliation and a treatment specific massage and mask. Finally, skincare products are chosen for your individual needs to achieve the best possible results

£75 for a one and a half hour treatment

## MEN'S PURIFYING FACIAL, SHOULDER AND SCALP MASSAGE

City pollution, environmental stress, travel, business pressures or lack of sleep are reflected in dull, lifeless skin.

This relaxing facial works at a deep molecular level to purify, balance and hydrate the skin leaving you feeling de-stressed and renewed

£60 for a one hour treatment

# TREATMENTS FOR HIM

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## MALE GROOMING

**CHEST WAX** £22

**BACK WAX** £22

**BACK AND SHOULDER WAX** £28

**CHEST, BACK AND SHOULDER WAX** £45

*Although all of our face and body treatments are suitable for anyone these treatments have been specifically tailored for men*

## EXECUTIVE HAND CARE

A conditioning and softening hand treatment, followed by tidying nails and cuticles and a complete arm and hand massage

£32.50 for a 45 minute treatment

## EXECUTIVE FOOT CARE

A foot treatment that reduces the build up of hard skin Trimming your toenails, filing and pushing back and conditioning cuticles. Complete with a leg and foot massage

£32.50 for a 45 minute treatment

# ST TROPEZ SPRAY TAN

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The multi-award winning St Tropez spray tan transforms the skin, leaving you with a long lasting flawless, olive tan which fades perfectly

## ST TROPEZ CLASSIC SPRAY TAN

£22 for a 20 minute treatment

## ST TROPEZ DARK TAN

£22 for a 20 minute treatment

## NEW ST TROPEZ EXPRESS TAN

£25 for a 20 minute treatment

This new express tan has a faster developing time between 1-3 hours depending on your desirable shade

## PRE-TAN EXFOLIATION

£15 for a 15 minute treatment

## 7 DAY TOP-UP TAN

£15 for a 15 minute treatment

# LYCON WAXING TREATMENTS

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	<b>STRIP WAX</b>	<b>HOT WAX</b> <i>Less painful for sensitive skin</i>
<b>FULL LEG</b>	£32	/
<b>HALF LEG</b>	£22	/
<b>FULL ARM</b>	£22	/
<b>FOREARM</b>	£16	/
<b>UNDERARM</b>	£16	£18
<b>EYEBROWS</b>	£11	£13
<b>LIP AND CHIN</b>	£13	£16
<b>LIP OR CHIN</b>	£9	£11
<b>BIKINI</b>	/	£22
<b>EXTENDED BIKINI</b>	/	£24
<b>BRAZILIAN</b>	/	£28
<b>HOLLYWOOD</b>	/	£34

# HOLISTIC TREATMENTS

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Available at selected spas

## HOPI EAR CANDLING

This treatment is a centuries old technique. Hopi ear candling is the ultimate relaxation treatment helping to reduce the build up of excess ear wax, alleviate pressure caused by headaches, colds and flu

£36 or a half hour treatment

## REFLEXOLOGY

An oriental foot massage working the pressure points of the foot relating to specific parts of the body

This gentle therapy encourages the body to heal itself as its own pace, tensions are eased, circulation & fatigue are improved which promotes a general feeling of well-being

£55 for a one hour treatment

# OVERNIGHT SPA PACKAGES

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## TIME TO SPA

The perfect time to spa with a three course dinner from the fixed price menu, a half hour spa treatment, an overnight stay and cooked breakfast

## THE PERFECT END TO THE WEEK

Arrive Friday night for an overnight stay followed by a cooked breakfast the following morning and a half hour spa treatment

## THREE DAY WEEKEND

Stay the night on Sunday including a cooked breakfast and a half hour spa treatment on Monday

To enquire or make a booking please contact the Spa Desk

Tel: 0330 016 0392

Email: [spadesk@hotelduvin.com](mailto:spadesk@hotelduvin.com)

For full prices and availability please visit our website.

Please note, all packages are subject to availability

# SPA PACKAGES

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## HOTEL DU VIN SPA RETREAT

Choose one of these treatments: aromatherapy full body massage, aromatherapy facial, express facial and back massage, salt scrub and back massage, Jessica deluxe manicure or pedicure with file and polish

£80 for a one hour treatment and lunch including a glass of Champagne and chocolate dipped strawberries

## TOP TO TOE SPA EXPERIENCE

Exfoliating salt scrub, full body massage with hot stones, regenerating facial and firming eye treatment, Jessica deluxe manicure, Jessica deluxe pedicure

£250 for a four and a half hour treatment and lunch including a glass of Champagne and chocolate dipped strawberries

## MIDWEEK THERAPY

Choose one of these treatments: aromatherapy back massage, express facial, oriental scalp massage, salt and oil scrub, Geleration Application on your hands or feet

£49 for a half hour treatment and lunch

*Only available Monday - Thursday*

## TREATMENT FOR HIM

Life saving back treatment, purifying facial and scalp massage and executive hand or executive foot care

£145 for a three hour treatment and lunch

## TOTAL INDULGENCE DAY

Aromatherapy full body massage, aromatherapy facial, Jessica prescriptive manicure or Jessica zen spa pedicure

£160 for a three hour treatment and lunch including a glass of Champagne and chocolate dipped strawberries

## HALF DAY HOLISTIC THERAPY

Aromatherapy facial, aromatherapy back massage, Jessica prescriptive manicure or Jessica zen spa pedicure

£130 for a two and a half hour treatment and lunch including a glass of Champagne and chocolate dipped strawberries

## PAMPERED PARENT

A perfect pampering for either pre or post natal treatment including a full body exfoliation, back massage, oriental scalp massage, Jessica prescriptive manicure or Jessica zen spa pedicure

£250 for a two and a half hour treatment and lunch



