

A person is shown from the back, receiving a massage. The image is in a dark teal color scheme. The person's hair is pulled up, and their hands are being massaged by another person's hands. The overall mood is relaxing and rejuvenating.

RELAX. REFRESH. REJUVENATE.

THE SPA

Hotel du Vin Exeter

Hotel
du Vin
& Bistro



**TO ENQUIRE OR MAKE A BOOKING
PLEASE CONTACT THE SPA**

Tel: 01392 790120 option 4

Email: spa.exeter@hotelduvin.com

WELCOME TO HOTEL DU VIN SPA

Each of our spas is a relaxing and resplendent haven conveniently located but conscientiously secluded to allow you to rediscover yourself.

At Hotel du Vin Exeter we work in harmony with REN. All natural spa products made in Devon has become a cult favourite amongst beauty editors. Anything from a lunch break to a weekend break, we have just the treatment to leave you feeling refreshed and rejuvenated.

At Hotel du Vin Spa we believe that beauty comes from within. Become the person you were born to be.

“When it comes to REN,
what’s not to love?”

The Guardian

BODY MASSAGES

Our indulgent massages combine acupressure and reflexology points to relax, invigorate and detoxify. Tailored to your needs.

BESPOKE HOT STONE MASSAGE

A deeply relaxing treatment using volcanic stones, the heat of the stones can help ease muscular aches and pains. Improving circulation and helping your body to relax the mind and the body.

£40 Back, neck & shoulder for a 30 minute treatment

£65 Full body massage for a 60 minute treatment

REN BESPOKE FULL BODY OR DEEP TISSUE MASSAGE

A full body indulgent massage, combining acupressure and Shiatsu with REN's deep slow massage, to detoxify, relax and invigorate. A deep tissue massage using Shiatsu, Swedish and sports massage techniques will leave the muscles balanced, relaxed and soothed.

£65 for a 60 minute treatment

REN BESPOKE BACK OR DEEP TISSUE BACK MASSAGE

Influenced by Japanese Acupressure and Swedish massage, allowing the release of tension from your back, neck and shoulders. A deep tissue massage using Shiatsu, Swedish and sports massage techniques will leave the muscles balanced, relaxed and soothed.

£40 Back, neck & shoulder for a 30 minute treatment

REN PREGNANCY MASSAGE

A complete relaxing full body massage to reduce common maternity stress on the body by stimulating blood circulation, lightening legs, and reducing lower leg water retention.

Safe and effective, using pre-natal techniques to relax you and your baby.

Not recommended during your first trimester (the first 3 months)

£40 Back, neck & shoulder for 30 minute treatment

£65 Full body massage for a 60 minute treatment

BODY TREATMENTS

REN BODY SCRUB

An energising, mineral rich exfoliation using either Moroccan Rose Sugar Polish, or, Guerande Salt Scrub, followed by a luxurious application of Body Cream to leave the skin silky, smooth and soft. Body scrubs are suitable for pregnant women.

£65 for a one hour treatment

HEAD IN THE CLOUDS

Melt all your tension away with this truly amazing Indian inspired head, scalp, neck and shoulder massage.

For the rest of the day you'll have your head in the clouds.

£40 for a 30 minute treatment

REN MOROCCAN ROSE RITUAL

An exquisite experience using REN's award winning Moroccan Rose range. Start with a full body scrub with Rose Otto Sugar Body Polish, shower with Rose Otto Body Wash.

Full body massage with the Rose Otto Ultra Moisture Body Oil and to finish, a 30 minute facial to suit your skins needs.

£140 for a two and a half hour treatment



FACIAL TREATMENTS



REN BESPOKE FACIAL

A full hour of indulgence with the most relaxing facial. Whether your skin needs hydrating or soothing, reviving or toning the signature treatment will combine REN's cutting edge Bio Actives with a Synergy Massage System to boost the skin's natural processes of protection, repair and renewal; helping you achieve and maintain beautiful, healthy skin.

£65 for a 60 minute treatment

REN EXPRESS FACIAL

A re-energising express facial, for maximum results in minimum time. Your REN Express Facial includes a full cleanse with massage techniques to release tension in the jaw line, application of serum with attention to acupressure points, finished off with the best day or night cream to suit your skins needs. A fantastic pick me up.

£40 for a 30 minute treatment

REN RADIANT EYES

A fantastic mini-treatment to blast the bags and dark circles. Signs of headaches can be taken away with attention to pressure points, lifting around the eye area to give you an awakening sensation.

£40 for a 30 minute treatment

HAND AND FOOT TREATMENT

Shape file, treat and finish to look on the outside as radiant as you feel on the inside.

REN LUXURY MANICURE

Luxury for your hands and arms to release tension and leave you feeling totally relaxed. A gentle scrub will remove dry skin, a rejuvenating body cream and hot steaming rose scented towels will refresh and enliven before we continue with fine cuticle work, filing and applying a nail finish in your choice of colour.

£45 for a 60 minute treatment

REN LUXURY PEDICURE

A gentle scrub will remove dry skin, a rejuvenating body cream and hot steaming rose scented towels will refresh and enliven. Finally we will apply a nail finish in your choice of colour.

£45 for a 60 minute treatment

REN MINI MANICURE

An express manicure to revive. Masking the hands and arms in body oil, wrapped with hot steaming rose scented towels, continuing with fine cuticle work, filing and applying a nail finish in your choice of colour.

£30 for a 30 minute treatment

REN MINI PEDICURE

Both reviving and refreshing. Your feet and lower legs will be masked in body oil and wrapped in steaming rose scented towels. Finally we will apply a nail finish in your choice of colour.

£30 for a 30 minute treatment

FILE AND POLISH FINGERS OR TOES

£20 for a file and polish with your choice of regular nail polish

GEL NAILS

Application of CND Shellac delivers a high shine, chip free finish for up to two weeks. Application of gel is designed to continue to protect the natural nail – from application to wear and soak-off removal

GEL APPLICATION £30 for a 30 minute treatment

GEL PRESCRIPTIVE MANICURE OR PEDICURE

£45 for a 60 minute treatment

GEL SOAK OFF £15 for a 30 minute treatment

GEL SOAK OFF AND REFRESH

£40 for a 60 minute treatment

SPA PACKAGES



TOTAL INDULGENCE

Really go to town and enjoy three hours of total pampering.

Our Total Indulgence package encompasses everything with a choice of a 60 minute massage, 60 minute facial and a 60 minute manicure or pedicure. Treatments must be taken together.

£140 per person or £250 for couples.

SPA RETREAT

Enjoy an hour long REN pampering and the use of our inside/outside pool before or after your treatment.

£75 for a 60 minute treatment and two course lunch (12 – 2.30pm) or Full afternoon tea (from 2pm)

MOTHER AND DAUGHTER RETREAT

Enjoy a 60 minute REN bespoke Facial, a 30 minute REN bespoke back & neck Massage File and Paint for your fingers or toes Two course lunch or Full afternoon tea & a special REN gift.

£250 for two (available Sunday – Friday)

PREGNANCY/MOTHER TO BE RETREAT

The perfect mother to be retreat, promoting wellbeing relaxation and pampering from top to toe.

Enjoy a 60 minute REN full body pregnancy massage, 30 minute facial and a 30 minute mini manicure or pedicure.

Two course lunch (12 – 2.30pm) or Full afternoon tea (from 2pm) £135

TOP TO TOE PAMPER

Enjoy four of the following treatments with a glass of Prosecco

- Mini REN manicure
- Shellac finger nail application
- Mini REN pedicure
- Shellac toe nail application
- ½ leg wax
- Bikini wax
- Underarm wax
- Eyebrow shape & tint
- Lash tint

£75 per person

EXPRESS RETREAT

Enjoy a 30 minute REN pampering and the use of our inside/outside pool before or after your treatment.

£50 for a half hour treatment and two course lunch (12 – 2.30pm) or afternoon tea (from 2pm). Available Monday to Thursday.

SPA TWILIGHT

Sip a glass of sparkling elderflower in the spa, before any hour long treatment of your choice. Before retiring to the restaurant for the end of a perfect evening.

£80 for a 60 minute treatment of your choice, a glass of Prosecco and three courses from our set menu. Available Sunday to Friday.



OVERNIGHT PACKAGES

TIME TO SPA

The perfect time to spa with a three course dinner from the fixed price menu, a 30 minute spa treatment, an overnight stay and cooked breakfast.

THE PERFECT END TO THE WEEK

Stay overnight on a Friday for a 30 minute spa treatment, £20 dinner allowance and full breakfast the morning after.

To enquire or make a booking for an overnight package please contact the Spa Desk

Tel: 0330 016 0392

Email: spadesk@hotelduvin.com

For full prices and availability please visit our website.

Please note, all packages are subject to availability



BEAUTY ESSENTIALS

EYES

Eyelash Tint £15

Eyebrow Tint £10

Eyebrow and Eyelash Tint £20

FULL SET SEMI-PERMANENT EYELASH EXTENSIONS

£60 for a 75 minute treatment

SEMI PERMANENT EYELASH INFILLS

£30 for a 45 minute treatment (every 2-3 weeks)

EXPRESS LASHES (INCLUDES REMOVAL)

£40 for a 45 minute treatment

Please note a 24 hour patch test is required on all brow
and lash tinting

WAXING

Eyebrow shape and Tidy £10

Lip or Chin £10

Underarm £15

Forearm £20

Half Leg £20

Full Leg £25

Bikini Line (Regular) £15

Brazilian £20

Extended Brazilian £28

Hollywood £32

MEN'S WAXING

Chest £25

Back £25

All treatments in this brochure are available as courses with discounts on block booking treatments. 10% discount when booking a three treatment course *or* 15% discount when booking a six treatment course

Courses must be paid for in full and are non-transferable and non-refundable. Please ask your therapist for more information

SPA ETIQUETTE

To ensure that our guests are able to relax and enjoy the tranquil and peaceful environment, please refrain from using your mobile phone. It should be noted that we ask you to arrive 15 minutes prior to your treatment time in order to complete a consultation form and prepare for your treatment.

WE ENCOURAGE ALL SPA CLIENTS TO BRING THEIR OWN FLIP FLOPS

CANCELLATION CHARGES

Credit card details will be required for all bookings. Should you need to cancel a treatment with less than 24 hours notice, we reserve the right to charge for the booked treatment if we are unable to sell the allocated time.

Bookings of spa packages and group bookings of 5 people or more have a 7 day cancellation policy.

INFORMATION AND ADVICE

All treatments are subject to therapist's availability.

All treatment times include consultation and aftercare advice Each spa has different facilities; please ask each site for more information.

Book your treatment at

HOTELDUVIN.com

spa.exeter@hotelduvin.com 01392 790120 option 4