

Gorum & Vincent (AG) Summer 2023

Allergens Report



Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Italian Olives															
Bar truffle & peccarino nuts					M		Y Alm Cas Mac Pec Pis			Y			M		
Sourdough Baguette	Y Whe									Y				Y	

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Smoked Cod Roe Dip & Crudites	Y Whe Rye Bar Oat			Y		M		Y	Y	M	Y	Y			
Cured Sea Trout, celery, lime & apple salad				Y							Y	M			
Wonky Vegetable Soup, croutons & basil pesto	Y Whe														
Watermelon Tartare, spring onion, sesame seeds & coriander											M	M	Y		
Rabbit, Pork & Green Peppercorn Terrine, toasted Pain de Campagne & cornichons	Y Whe Rye Bar Oat						M Wal	Y	M	Y			M	Y	
Whipped Cashew Nut Labneh & Courgette Salad, ribbons of courgette, edamame beans & radishes					M		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y			M	M		Y	
Ravioli of Pea & Mint, lemon & herb butter st	Y Whe	M	M	M	M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y	M	M		Y	
Scallops Roasted in the Shell with Chorizo, samphire, confit garlic & chorizo			Y							Y	M	M			
Burrata & IOW Heritage Tomato Salad, mint pesto AVG	M Whe Rye Bar Oat				M		Y Alm Brz Cas Haz Mac Pec Pis Wal			Y	M	M	M	Y	
SALADE MAISON STARTER Baby kale, edamame beans, quinoa and alfalfa sprouts	M Whe Rye Bar Oat				M	M	M Alm Brz Cas Haz Mac Pec Pis Wal	Y	M		M	Y	M	Y	

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CHARGRILLED TUNA NIÇOISE SALAD Tuna loin, green beans, soft boiled eggs, new potatoes and tomatoes ST 2023				Y					Y	Y	M	Y		Y	
Aged Rump 200g GV	Y Whe							M							
Sirloin GV	Y Whe							M							
Rib Eye GV	Y Whe							M							
FILLET STEAK 200G 21 day aged AVG 2023	Y Whe							M			M	M			
Chateaubriand GV	Y Whe						Y Unknown	M	Y	Y	Y	M		Y	
Cote de boeuf/On the bone rib GV	Y Whe							M							
T Bone 500g AVG 2023	Y Whe							M			M	M			
Tomahawk Steak GV	Y Whe							M							
Sirloin on the Bone Wing End GV	Y Whe						Y Unknown	M	Y	Y	Y	M		Y	
HDV Classic Burger & Fries 200g	Y Whe Rye Bar Oat							M	Y	Y	Y	Y		Y	

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VEGAN BURGER Plant based burger patty with mushroom ketchup and grilled vegan feta cheese, on a plant based brioche bun, served with pommes frites VG	Y Whe Rye Bar Oat	M	M	M	M	M	M Alm Brz Cas Haz Mac Pec Pis Wal	Y	M	M	Y	Y	M	Y	
Chargrilled Iberico Pork Cutlet, roasted cherry tomatoes & chimichurri														Y	
Roasted Lamb Rump, butter bean puree, grilled leeks with anchovies & capers				Y							Y			Y	
Whole Char-grilled Cornish Mackerel, beef tomato & onion salad with chermoula				Y											
Chargrilled Sea Bass, braised fennel & gremolata				Y											
GRILLED TUNA STEAK, served with pommes frites, petit salad	Y Whe			Y				M				Y		Y	
Lamb Kofta Brochette GV	Y Whe Rye Bar Oat					M		Y	M	Y	Y	M		Y	
Charred Chicken Brochette GV	Y Whe Rye Bar Oat					M		Y		Y	Y			Y	
Tuna Skewer/Meze GV	Y Whe Rye Bar Oat			Y		M		Y		Y	Y			Y	
Marinated Aubergine Meze GV	Y Whe Rye Bar Oat					M		Y		Y	Y		Y	Y	
SALADE MAISON MAIN Baby kale, edamame beans, quinoa and alfalfa sprouts	M Whe Rye Bar Oat				M	M	M Alm Brz Cas Haz Mac Pec Pis Wal	Y	M		M	Y	M	Y	

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Add Chicken (Salade Maison)															
Add Halloumi (Salade Maison)															
Add Smoked Mackerel (Salade Maison)				Y											
CHARGRILLED TUNA NIÇOISE SALAD Tuna loin, green beans, soft boiled eggs, new potatoes and tomatoes MC 2023				Y					Y	Y	M	Y		Y	
Gnocchi, Ratatouille Vegetables & Basil Pesto	M Whe Rye Bar Oat	M	M	M	M	M	M Alm Brz Cas Haz Mac Pec Pis Wal	M	M	M	M				
Ravioli of Pea & Mint, lemon & herb butter mn	Y Whe	M	M	M	M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y	M	M		Y	
Pommes Frites	Y Whe							M							
Mac n Cheese GV	Y Whe							M		Y					
HDV Basics Truffle Pomme Puree										Y					
Haricot Vert										Y					
Chopped Salad, side g&v						M				Y	M	Y		Y	
Glazed Carrots										Y					
Anchovy Hollandaise GV				Y					Y	Y		M		Y	

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Peppercorn Sauce							Y Unknown			Y	Y				
Bearnaise Sauce GV									Y	Y		M		Y	
Garlic Butter										Y					
Chicmichurri														Y	
Blackberry Cheesecake, Blackberry Compote	Y Unknown									Y	M	M			
BREAD & BUTTER PUDDING Viennese pastries baked with raisins and custard, served with crème anglaise AG	Y Whe Rye Bar Oat	M	M	M	M	M	M Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	M	M	M	M	
Mini Sugared Doughnuts, Vanilla Yoghurt	Y Whe						M Alm Brz Haz Mac Pec Pis Wal	Y						Y	
White Chocolate & Raspberry Tart, raspberry sorbet	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
Poached Chocolate Cake, maple syrup creme fraiche								Y	Y	Y					
GLACES ET SORBETS					M		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	M	M					

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THE CHEESE PLATE Selection of artisan cheese, served with biscuits and chutney	Y Whe Bar						M Alm Brz Cas Mac Pec Pis Wal			Y	Y			Y	
ROAST SIRLOIN OF BEEF Served with all the trimmings and proper Yorkshires	Y Whe Bar							M	Y	Y	Y	Y		Y	
Roast Chicken	Y Whe Rye Bar Oat				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y	Y	M		Y	

* Allergens marked with 'M' may contain that allergen.

■ Yes ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia

Pec	Pecan
Pis	Pistachio
Wal	Walnuts