	ALLERGENS														ALTERNATIVES & HIDDEN
	Celery	gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	
Garlic Bread, Cherry Tomatoes and Cucumber Homemade garlicky sourdough & some healthy salad		yes*					yes								*gluten from wheat
Tomato and Cheddar Soup a classic tasty soup with grated cheddar to sprinkle	yes						yes								
Prawn Cocktail Tasty prawns coated in a yummy mayonnaise and tomato sauce with lettuce leaves		yes*	yes	yes	yes		yes							yes	* gluten from wheat
Melon & Berries A fresh starter of sweet berries all mixed up with melon															
Roast du vin Half the grown up size	yes	yes		yes			yes							yes	* gluten from wheat
Homemade Fish Fingers Chips and Peas Thick hand cut haddock fish fingers with chips and garden peas.		yes *		yes	yes										
Sausage, Chips and Beans Pork & leek sausages with skinny fries and baked beans		yes*												yes	
Macaroni Cheese A classic cheesy pasta		yes*					yes								* gluten from wheat
Chicken Kiev Dippers Breaded balls of chopped chicken with a dipping garlic butter		yes *		yes			yes								
Freshly Cut Fruit Salad A fruit salad for stuffed tummies															
Ice Cream Three scoops one each of chocolate, vanilla or strawberry ice cream				yes			yes								
Chocolate & Banana Brownie A gooey, chocolatey and banana brownie with vanilla ice cream		yes*		yes			yes								
Ice Cream Sundae Layers of ice cream, chocolate sauce, cream, sprinkles of hundreds and thousands with a cherry on the top.				yes			yes							yes	