	ALLERGENS							ALTERNATIVES & HIDDEN
	Celery	gluten	Crustaceans	Eggs	Fish	Lupin	Milk	
Bacon Sandwich		yes*		yes			yes	*gluten from wheat
	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	
							yes	

	ALLERGENS							ALTERNATIVES & HIDDEN
	Celery	gluten	Crustaceans	Eggs	Fish	Lupin	Milk	
Coq Au Vin and Pommes Puree	yes						yes	
	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	
							yes	

	ALLERGENS							ALTERNATIVES & HIDDEN
	Celery	gluten	Crustaceans	Eggs	Fish	Lupin	Milk	
Beans on Toast		yes*			yes		yes	* gluten from wheat
	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	
							yes	

	ALLERGENS							ALTERNATIVES & HIDDEN
	Celery	gluten	Crustaceans	Eggs	Fish	Lupin	Milk	
Cheese on Toast with Worcestershire Sauce		yes *					yes	* gluten from wheat
	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	
							yes	

	ALLERGENS							ALTERNATIVES & HIDDEN
	Celery	gluten	Crustaceans	Eggs	Fish	Lupin	Milk	
Gnocchi and Tomato butter bean Ragout	yes	yes*		yes				
	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	
							yes	