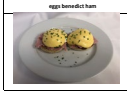
	ALLERGENS	ALTERNATIVES & HIDDEN
3 mini pastries of the day	Celery, Gluten yes*, Crustaceans, Eggs yes, Fish, Lupin, Milk yes, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide yes	* gluten from wheat
eggs benedict ham 	Celery, Gluten yes*, Crustaceans, Eggs yes, Fish, Lupin, Milk yes, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide yes	* gluten from wheat
eggs benedict smoked salmon	Celery, Gluten yes*, Crustaceans, Eggs yes, Fish yes, Lupin, Milk yes, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide yes	* gluten from wheat
eggs benedict mushroom	Celery, Gluten yes*, Crustaceans, Eggs yes, Fish, Lupin, Milk yes, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide yes	* gluten from wheat
smoked salmon and scrambled egg	Celery, Gluten yes*, Crustaceans, Eggs yes, Fish yes, Lupin, Milk yes, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide yes	* gluten from wheat
AVOCADO ON TOAST WITH CHUNCKY CHERRY TOMATO SALSA	Celery, Gluten yes*, Crustaceans, Eggs yes *, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide yes	* gluten from wheat * eggs when option is chosen
'Soup' A L'oignon Classic French Onion Soup	Celery yes, Gluten yes*, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts yes*, Peanuts, Sesame seeds yes, Soya, Sulphur dioxide yes	*gluten from wheat
CHICKEN LIVER PARFAIT Brioche toast, raisin chutney	Celery, Gluten yes*, Crustaceans, Eggs yes, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide yes	*gluten from wheat
SAUTEED MUSHROOMS ON TOASTEDSOURDOUGH madeira sauce	Celery, Gluten yes*, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide yes	*gluten from wheat
SALADE FRISEE AUX LARDONS Salad of frizzy lettuce, pancetta, croutons and	Celery, Gluten yes*, Crustaceans, Eggs yes, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide yes	* gluten from wheat
Salade Maison with Chicken	Celery, Gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard yes, Nuts, Peanuts, Sesame seeds yes, Soya yes, Sulphur dioxide yes	
Salade Maison with Sm Mackerel	Celery, Gluten, Crustaceans, Eggs, Fish yes, Lupin, Milk, Molluscs, Mustard yes, Nuts, Peanuts, Sesame seeds yes, Soya yes, Sulphur dioxide yes	
Salade Maison with Halloumi	Celery, Gluten, Crustaceans, Eggs, Fish, Lupin, Milk yes, Molluscs, Mustard yes, Nuts, Peanuts, Sesame seeds yes, Soya yes, Sulphur dioxide yes	
HOV Club baguette Streaky bacon, grilled Normandy chicken, boiled egg	Celery, Gluten yes*, Crustaceans, Eggs yes, Fish, Lupin, Milk, Molluscs, Mustard yes, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide yes	* gluten from wheat
STEAK AND BLUE CHEESE SANDWICH Rump steak, sautéed onions, relish and watercress	Celery, Gluten yes*, Crustaceans, Eggs yes, Fish, Lupin, Milk yes, Molluscs, Mustard yes, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide yes	*gluten from wheat
HOV BURGER & POMMES FRITES 200g burger patty with relish, bacon and	Celery yes, Gluten yes, Crustaceans, Eggs yes, Fish, Lupin, Milk yes, Molluscs yes, Mustard yes, Nuts, Peanuts, Sesame seeds yes, Soya, Sulphur dioxide yes	
Plant based burger & pommes frites 200g plant burger patty with relish & grilled	Celery, Gluten yes*, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard yes, Nuts, Peanuts, Sesame seeds, Soya yes, Sulphur dioxide yes	*gluten from wheat *gluten from barley *gluten from oats
Pomme Frites	Celery, Gluten yes, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide	(Depends on the property) Check fryer for Gluten
THE CHEESE PLATE A selection of 4 French and British cheese	Celery yes, Gluten yes*, Crustaceans, Eggs, Fish, Lupin, Milk yes, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide yes	*gluten from wheat