

# Bistro du Vin

## AFTERNOON TEA (VEGAN & VEGETARIAN VERSION)

### A HISTORY OF AFTERNOON TEA

Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7th Duchess of Bedford is said to have complained of “having that sinking feeling” during the late afternoon. At the time it was usual for people to take only two main meals a day, breakfast, and dinner at around 8 o'clock in the evening. The solution for the Duchess was a pot of tea and a light snack, taken privately in her boudoir during the afternoon.

Later friends were invited to join her in her rooms at Woburn Abbey and this summer practice proved so popular that the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for “tea and a walking the fields”. Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it into the drawing room. Before long all of fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.

### CLASSIC CREAM TEA

£13.95 PER PERSON

A selection of plain and fruit scones served with Paysan butter, Bonne Maman strawberry conserve and vegan cream cheese, along with two of the Chef's patisseries of the day. (959kcal) [VGIA/NGIA] Served with your choice of tea from the Bird & Blend Tea Co.

### AFTERNOON TEA

£27.50 PER PERSON

#### FINGER SANDWICHES

Vegan style Cheddar and pickle on brown loaf (127kcal)  
Cucumber and mint on white tin loaf (64kcal)  
Caprese salad, Isle of Wight heritage tomato and basil salad (17kcal)  
Eggless and cress on white tin loaf (108kcal)  
Tomato and garlic sausage roll (132kcal)

#### SELECTION OF CAKES [ALL VGI/NGI]

Crunchy chocolate cheesecake (620kcal)  
Raspberry and coconut slice (384kcal)  
Carrot and walnut cupcake (228kcal)  
Chocolate and cherry cupcake (287kcal)

#### SCONES (292kcal)

A selection of plain and fruit scones served with Paysan butter, Bonne Maman strawberry conserve, vegan cream cheese

### TEA

#### GREAT BRITISH CUPPA

A fresh and light English Breakfast tea

#### EARL GREY CRÈME

A light and creamy Earl Grey with a hint of vanilla

#### THE DIGESTER

Developed to aid digestion, with ginger and fennel to help ease sluggish moments

#### MOJITEA

A green tea with peppermint and lime

#### NEARLYNIRVANA

A floral white blend scented with jasmine and creamy spearmint

#### PEPPY MINT

A minty classic with blue cornflowers

#### DOZY GIRL

Lavender, chamomile blend with rose petals; floral and calming

#### FRUIT SALAD

A fruity blend with whole raspberries

#### GINGERBREAD CHAI

A rooibos blend with cinnamon, ginger and cardamom

### CHAMPAGNE

	glass 125ml	bottle 750ml
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CUVÉE HOTEL DU VIN NV Lombard, France	£11.00	£64.00
LANSON, PÈRE ET FILS NV France	£12.00	£69.00
LANSON ROSÉ NV France	£12.00	£70.00

### COCKTAILS

Perhaps it's an occasion for complementing your afternoon tea with one of our cocktails. From timeless classics to our signature collection, we have a wealth of options to suit all tastes, including a range of alcohol free alternatives.

For special dietary requirements or allergy information, please speak with a member of our team before ordering. Although we endeavour to do so, we cannot guarantee that any of our dishes are allergen free or fulfil dietary requirements due to possible cross contamination during production. [NGI] = Does not include any gluten containing ingredients. [NGIA] = Alternative available that does not include any gluten containing ingredients. [VGI] = Does not include any ingredients derived from animals. [VGIA] = Alternative available that does not include any ingredients derived from animals. [V] = Vegetarian. [VA] = Vegetarian alternative available. Calorie content. Calculations as accurate as possible however slight variations may occur. To maintain a healthy weight, the daily recommended intake of calories for adults is around 2,000 calories a day. All of our prices include VAT. A discretionary service charge of 10% will be added to your bill.



For further information on allergens please scan here.

HOTELDUVIN.com