# BistroduVin Afternoon teA

### A HISTORY OF AFTERNOON TEA

Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7th Duchess of Bedford is said to have complained of "having that sinking feeling" during the late afternoon. At the time it was usual for people to take only two main meals a day, breakfast, and dinner at around 8 o'clock in the evening. The solution for the Duchess was a pot of tea and a light snack, taken privately in her boudoir during the afternoon.

Later friends were invited to join her in her rooms at Woburn Abbey and this summer practice proved so popular that the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for "tea and a walking the fields". Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it into the drawing room. Before long all of fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.

#### CLASSIC CREAM TEA

£15.95 PER PERSON

£29.95 PER PERSON

A selection of plain and fruit scones served with Paysan butter, Bonne Maman strawberry conserve and Rodda's Cornish clotted cream, along with two of the Chef's patisseries of the day. (959kcal) [VGIA/NGIA] Served with your choice of tea from the Bird & Blend Tea Co.

#### AFTERNOON TEA

#### FINGER SANDWICHES

Croxton Manor cheese and pickle on malted loaf (144kcal) Cucumber and mint on white tin loaf (48kcal) Smoked salmon and cream cheese on dark rye (214kcal) Egg and cress on mini brioche roll (160kcal) Ham and mustard on white tin loaf (63kcal)

## SELECTION OF CAKES

Victorian sponge roulade (129kcal) Orange marmalade tea loaf (103kcal) Chocolate ganache pebble (95kcal) Mango and white chocolate or raspberry and dark chocolate ice cake pops (47kcal/53kcal) Bakewell tart (140kcal)

#### SCONES (305kcal)

A selection of plain and fruit scones served with Paysan butter, Bonne Maman strawberry conserve, Rodda's Cornish clotted cream

#### TEA

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#### GREAT BRITISH CUPPA PEPPYMINT A fresh and light English Breakfast tea A minty classic with blue cornflowers EARL GREY CREME DOZY GIRL A light and creamy Earl Grey with a hint of vanilla Lavender, chamomile blend with rose petals; floral and calming THE DIGESTER Developed to aid digestion, with ginger and fennel to help ease FRUIT SALAD sluggish moments A fruity blend with whole raspberries **MOJITEA** GINGERBREAD CHAI A green tea with peppermint and lime A rooibos blend with cinnamon, ginger and cardamom NEARLY NIRVANA A floral white blend scented with jasmine and creamy spearmint

CHAMPAGNE	glass 125ml	<i>bottle</i> 750ml	COCKTAILS
<i>CUVÉE HOTEL DUVIN</i> Lombard, France	£11.95	£69.95	Perhaps it's an occasion for complementing your afternoon tea with one of our cocktails. From timeless classics to our
LANSON, PÈRE ET FILS France	£12.95	£74.95	signature collection, we have a wealth of options to suit all tastes, including a range of alcohol free alternatives.
LANSON ROSÉ France	£14.50	£84.95	

For special dietary requirements or allergy information, please speak with a member of our team before ordering. Although we endeavour to do so, we cannot guarantee that any of our dishes are allergen free or fulfil dietary requirements due to possible cross contamination during production. [NGI] = Does not include any gluten containing ingredients. [NGIA] = Alternative available that does not include any gluten containing ingredients. [VGI] = Does not include any ingredients derived from animals. [VGIA] = Alternative available that does not include any ingredients derived from animals. [V] = Vegetarian. [VA] = Vegetarian alternative available. Calorie content. Calculations as accurate as possible however slight variations may occur. To maintain a healthy weight, the daily recommended intake of calories for adults is around 2,000 calories a day. All of our prices include VAT. A discretionary service charge of 12.5% will be added to your bill.



For further information on allergens please scan here.

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